

DEPARTMENT OF THE ARMY  
HEADQUARTERS, UNITED STATES ARMY GARRISON, FORT HUACHUCA  
Directorate of Family and Morale, Welfare, and Recreation  
Fort Huachuca, Arizona 85613-7011

Sports, Fitness, and Aquatics (SFA)  
Physical Fitness Center (PFC) Safety and Hygiene

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Proponent: The proponent for this SOP is the Directorate of Family and Morale, Welfare, and Recreation (DFMWR), Business and Recreation Operations Division (BROD). Comments and suggestions regarding this SOP can be sent to AMIM-HUW-B.

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1. Scope. This SOP establishes policies and procedures to promote a safe, clean, and healthy environment for all patrons at Fort Huachuca Sports, Fitness, and Aquatics (SFA) Physical Fitness Centers.

2. References.

a. Army Regulation (AR) 670-1, Wear and Appearance of Army Uniforms and Insignia, 25 May 2017.

b. Army Regulation (AR) 385-10, The Army Safety Program, 24 February 2017.

c. Army Regulation 215-1, Military Morale, Welfare, and Recreation Programs and Nonappropriated Fund Instrumentalities, 24 September 2010.

d. Policy 23-19, Fort Huachuca Physical Fitness Uniform Wear and Appearance, 12 Oct 2023.

e. Policy 21-65, Fort Huachuca Commander's Safety Policy, 08 February 2021.

3. Definitions.

a. Authorized MWR Patrons: Include Military Service Members, Family Members, Department of Defense (DoD) Civilian Professionals, Contractors with a Common Access Card (CAC), and Disabled Veterans (100% service-connected disability and honorably discharged). For a complete a list of eligible categories, view [Army Regulation 215-1, Table 7-1](#).

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4. Responsibilities.

a. SFA Management will review and update this SOP annually or as needed.

b. SFA Management will ensure compliance of applicable Occupational Safety and Health Program guidelines in accordance with the Fort Huachuca Commander's Safety Policy, 08 February 2021.

c. SFA staff will ensure patrons comply with this SOP for the morale, safety, and well-being of all patrons.

d. SFA staff will report any violations or safety concerns to SFA management.

5. Safety.

a. Footwear

(1) Patrons must wear athletic shoes with good traction (e.g., tennis shoes, running shoes, court shoes, cross-training shoes) at all times within the facility, except in designated areas (e.g., pool areas and shower areas where bare feet are allowed).

(2) Soldiers wearing the Army Combat Uniform (ACU) may utilize ACU compliant boots.

(3) Service Members in branch-specific uniforms may utilize footwear compliant with their respective branch regulations.

b. Clothing

(1) Patrons must wear comfortable, close-fitting clothing that allows for a full range of motion (e.g., shorts, yoga pants, t-shirts, tank tops).

(2) Army Combat Uniform (ACU) and the Army Physical Fitness Uniform (APFU) are permitted in compliance with POLICY 23-19 – Fort Huachuca Physical Fitness Uniform Wear and Appearance (dated 12 Oct 2023).

c. Headphones

(1) Headphones and electronic devices are permitted.

(2) Army Service Members (Soldiers) have additional Headphone and Electronic Device Guidelines.

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(a) Soldiers may wear AR 670-1 compliant headphones or earpieces in uniform while performing individual Physical Readiness Training (PRT) in indoor gyms or fitness centers.

(b) Headphones must be conservative and discreet. Ear pads must not exceed 1.5 inches in diameter at the widest point.

(c) Soldiers may wear electronic devices, such as music players or cell phones.

(d) Soldiers may wear a solid black arm band to store and carry electronic devices in the gym or fitness center. Service Members may not wear the armband beyond the permitted areas.

(3) Service Members from other branches should refer to their respective branch regulations for headphone and electronic device use.

d. Prohibited Items in workout areas:

(1) Clothing with rivets, zippers, or other hardware that could damage equipment is not permitted.

(2) Bare feet (except in designated areas).

(3) Open-toed shoes, sandals, or flip flops.

(4) Loose-fitting clothing that may be caught in exercise equipment.

(5) Swimwear outside of pool and locker areas.

(6) Clothing with offensive or suggestive messages or imagery.

(7) Clothing that exposes the chest area, midriff area, or personal areas.

6. Hygiene.

a. Patrons must wear clean workout clothes and footwear.

b. Patrons must wipe down equipment before and after use with disinfectant spray and wipes provided throughout the facility.

c. No smoking or tobacco use is permitted inside the facility.

d. Food and drinks must be confined to designated areas. Only sealed, non-spill water or sports drink containers are permitted in non-wood floor workout areas.

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- e. Patrons must report any spills or messes to a staff member immediately.

#### 7. Enforcement

- a. Staff members are authorized to enforce this SOP per DFMWR Director authority.
- b. Patrons who violate this SOP may be denied entry or asked to leave the facility.
- c. Patrons who repeatedly violate this SOP may face further action, including suspension of facility privileges.

8. Point of Contact is Ms. Rheanna Shaw, Chief, Business and Recreation Division, at 533-0256 or [rheanna.d.shaw.naf@army.mil](mailto:rheanna.d.shaw.naf@army.mil).

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